

Speech, Language and Feeding Milestones

AGES 0-2 Ages 2-5 on reverse side



WINTER 2013

LANGUAGE

0-6 months

- Quiets or smiles when spoken to
- Vocalizations vary and some babbling begins
- Moves eyes in direction of sounds
- Becomes interested in toys that make noise

7-12 months

- Understands familiar nouns (milk, teddy, ball)
- Understands basic concepts (in, out, on)
- Begins to follow simple requests ("sit here")
- Enjoys "peek-a-boo" and "patty cake"
- Imitates sounds (animal noises, "ah-oh")
- Uses vocalizations with intent
- Uses gestures & pointing to communicate
- Has a vocabulary of approximately 2-6 words

12-24 months

- Points to body parts & clothing items
- Follows basic 1 step directions ("go in car")
- Formulates 2 word phrases ("my ball")
- Uses basic pronouns (me, I, it)
- Uses intonation to ask yes/no questions
- Answers simple yes/no and WH- questions by pointing or using single words
- Has approximately 50-100 words by 18 months, and 200-300 words by 24 months



We use iPads to facilitate communication using Proloquo2 go, Autismate, MyTalk and more.

SPEECH

0-6 months

- Reflexive & non-reflexive vocalizations
- Plays with consonant-vowel combinations
- Vocal play with squeals, "raspberries"

7-12 months

- Consonant-vowel become more "adult-like"
- Some reduplicated syllables "baba"
- Sounds /h, d, b, m, t, g, s, w, n, k, j, p/ vowels

12-24 months

- Speech sound development continues
- Substitutes or omits word parts/sounds.
- Speech should be understood 25-50%

FEEDING

0-6 months

- Drinking from cup emerges and holds utensils
- Takes controlled bites of soft textured foods
- Eats lumpy, mashed foods
- Emerging rotary jaw action

7-12 months

- Emerging self-feeding & straw drinking
- Drinks with four or five consecutive swallows
- Grasps a spoon with full hand
- Eats coarsely chopped table food

12-24 months

- Gives up bottle
- Swallows food/drink with limited spillage
- Precise tongue movement up & down
- Chews a broad range of food

Speech, Language and Feeding Milestones

AGES 2-5 Ages 0-2 on reverse side



WINTER 2013

LANGUAGE

2-3 years

- Follows basic 2 step directions
- Understands basic WH- questions
- Understands quantity, size & spatial concepts
- Uses 3-4 word phrases to request & comment
- Uses plural nouns, pronouns and prepositions
- Engages in longer dialogues
- Asks for help
- Vocabulary of approximately 1,000 words

3-4 years

- Understands compound/complex sentences
- Understands complex concepts (empty, same, both, next to, beside, between)
- Identifies colors
- Formulates 4+ word phrases
- Expresses ideas and feelings
- Engages in conversation
- Asks "what", "where", "when", "how"
- Vocabulary of approximately 1,600 words

4-5 years

- Follows 3 step directions
- Answers "when" and "how many" questions
- Listens to and answers questions about short stories
- Uses complex grammar (irregular and past tense verbs)
- Explains how to do things
- Vocabulary of approximately 2,200 - 2,500 words.

SPEECH

2-3 years

- Speech should be understood 50-75%
- Extinction of phonological processes (i.e. final consonant or unstressed syllable deletion)

3-4 years

- Speech should be understood 75-90%
- Extinction of phonological processes (i.e. fronting, cluster reduction)

4-5 years

- Speech should be understood 90-100%
- Sounds inventory includes nearly all sounds
- Later developing sounds "ch, sh, z, dz, v, th"

FEEDING

2-3 years

- Bites through a variety of food thicknesses
- Self-feeds with little spillage
- Chews with lips closed
- Chews using stable rotary jaw action

3-4 years

- Eats well with fork/spoon
- Drinks well with cup/straw
- May become a "picky eater"

Cautions

- Avoid choking hazards by cutting/preparing (i.e. grapes, hot dogs, raw carrots, apples)
- Signs to discuss with pediatrician: coughing, watery eyes, difficulty chewing/swallowing